

MOTION BY SUPERVISOR MICHAEL D. ANTONOVICH

April 20, 2010

**OUTDOOR PHYSICAL FITNESS PROGRAMS**

In December 2009, this Board unanimously approved a motion to waive all fees for physical fitness and exercise programs in the County mall area of the Kenneth Hahn Hall of Administration, in order to promote and encourage physical fitness among our employees.

As a result, employees at the Hall of Administration have been taking advantage of exercise programs; however, employees who work at various locations throughout the County are also interested in participating in exercise programs at their respective work locations.

This is a great opportunity for the County to expand efforts to assist our employees in living a healthy lifestyle which benefits them both personally and professionally.

**I, THEREFORE, MOVE** that the Board of Supervisors:

1. Waive all permit fees, excluding the cost of liability insurance, for physical fitness and exercise programs that are offered at a discounted rate to County employees and take place on County property.
2. Direct all County Department Heads and/or their designated staff to promote and encourage physical fitness programs for their employees, oversee the physical fitness programs at their sites, including reviewing and collecting waivers of liability, and ensure that all such programs are coordinated through the Department of Human Resources' Wellness Coordinator.

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**MOTION**

Ridley-Thomas \_\_\_\_\_

Yaroslavsky \_\_\_\_\_

Knabe \_\_\_\_\_

Antonovich \_\_\_\_\_

Molina \_\_\_\_\_